



Free Issue

Bulletin

Salt Water Anglers of Bergen County NJ



July 2013

At The American Legion Hall, Post # 170, 33 West Passaic Street, Rochelle Park, N. J.

Visit our revised Web page & try some of the new functions www.swabc.org

Chris Zeman with a 41 lb. Striped Bass, Congratulations Chris!



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President Corner

Youth Outreach Trip

Meeting Speaker

SWABC Raffle Winners

A Special **Thank You** goes to non-club members **Cathy Maher,**

Jerry DeCrescenzo and Rick Reitano who sold a lot of our club's raffle tickets! You people are the best!

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SWABC 2nd annual Fluke Tournament

Fishing report

Welcome new members

Recreational & Public news

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Fishing Trips and Events

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Tournaments Contests & Derbies SWABC 2nd annual Fluke Tournament

THURSDAY July 18, 2013

Trip Captain Chuck Santoro

Cell: 201-446-9047, San-Del Insurance 201-909-0755



Good fishing, good friends.

That's what SWABC is all about

The Best Fishing Club in NJ

The regular meetings will be held on the third Tuesday of the month, at 8:00P.M. The only meeting that is not held at the Legion Hall on Tuesday will be the night of the Past President Dinner. That month is March. A \$5 fee is required, for non-members, this entitles them to the 50/50 drawing, refreshments, snacks, and some new tricks about fishing. Welcome all; we hope you enjoy the evening.

President's Corner

Youth Out-reach Program

On June 10th, we had our Youth out-reach Trip on the MiJo, and unfortunately, it turned out to be a soaker! The day started out to be overcast and when we got out to our first drop, the rain drops started to come, but it was not too bad yet. However, then it really poured and it became uncomfortable with our calling it a day around noon and the MiJo turned to head into port. Thank God member Jim Galanaugh Jr. thought ahead and brought rain gear for the kids since they did not bring any with them. We have been unusually lucky with having good weather for our trips over these many years, but this time our luck ran out and I guess we were overdue to taking a hit with bad weather.

However, the kids had fun catching their fish and got so excited when one of them landed a fish. One of the boys named Josh caught a 19 inch fluke and won the first place trophy. Jacob caught 4 shorts to take the 2nd place trophy and Darien with 3 shorts for the 3rd place trophy. One of the counselors caught a 21 inch fluke. A total of 2 keepers, 27 shorts, 8 sea robins and 1 skate were the action for the day.

I want to thank our members who showed up to help the kids land fish and they included: Tom Tyls, Frank Rella, Mike Modoski, Steve Totten, Jim Galanaugh Jr., Zack Garripoli, Dan Eberle, Harold Gusterson, Walter Amos, and Ed O'Dowd, Past Commander of the American Legion Post # 170, Tom Orr, Assistant Sergeant of Arms, Kevin Hallock, Flag Display Chairman, and John Toth. I also want to thank Captain Art Lein who organized our Disadvantaged Youth trip with the Ranch Hope Home staff.

We were told by the Hope Ranch staff that they enjoyed the trip and thanked us so much for a memorable trip. We heard that the kids talked about the trip all the way home. One of their staff asked John Toth how much we get paid for helping the kids catch fish and she was surprised to learn that our efforts are strictly volunteer and that our club has been doing these trips for so long and will continue to do so. She was surprised to learn this and only had praise for our club and its efforts in helping kids who have life issues to have such a good time. I took the count of all the fish that were brought on board, and it was a very rewarding experience for me seeing the excitement the kids were having and I was just excited as they were when they brought their fish over the rails!

June 18th Meeting Recap

Our speaker was Fred Waltzinger who gave us his tips on catching fluke. The night of this meeting had terrible weather with drenching rain and Fred was driven up to our meeting by member Tom Siciliano (who lives in Little Egg Harbor) and if they did not show up it would be understandable. However, they did make it to the meeting and our thanks goes to them for braving the elements.

Our thanks also extend to member Mark Capalbo who spent over 3 hours making delicious lasagna for our meeting and he even brought cake for dessert! Give us your recipe Mark! Zach Garripoli was kind enough to make his tasty chili and it went real fast! Thanks again guys for your time and efforts to support our club!

Speaker for our July 16th Meeting - Pete Bruger

Pete is an avid fisherman and he specializes in doing the off-shore trips and going after big game fish like tuna and marlin. Pete has a power point presentation to share with us that will show big game fish being caught and he will also discuss the best techniques to land these beautiful fish. It will be quite a show to watch!

SWABC Raffle Winners

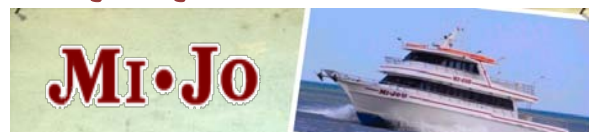
At our meeting, we also pulled the tickets for our annual raffle for the lucky winners and they follow. Surprisingly, a number of them are members of our club! Last year, that was not the case, but Lady Luck was lucky for:

1. **6 Hour fishing trip on the Fins & Feathers - Tim Minson, Bloomfield, NJ**
2. **32" LCD HDTV - Mike Modoski - Wood Ridge, NJ**
3. **Shimano Reel and Tsunami Rod combo - Joan Bowman - Saddle Brook, NJ**
4. **Penn 320 GT2 Reel and Ugly Stick Rod combo - Harry Vogt - Haskell, NJ**
5. **Two tickets for the Fisherman Party Boat - Vin Aufiero - Midland Park, NJ**
6. **\$50 Gift Certificate for the Ramsey Outdoor Tackle Store - Tony Biaradi - Ringoes, NJ**
7. **\$50 Gift Certificate for the Ramsey Outdoor Tackle Store - John Toth - Monroe Twp. NJ**

Fluke Trip on the MiJo - by Captain & President Chuck Santoro

Our President, Chuck Santoro, will be running a charter trip on the **MiJo for fluke on July 18th**, and he would like to have our club members to sign up for this trip. This trip is not exclusively a charter for our club since Chuck has also extended an invitation to some of his insurance business colleagues to come on this trip. The cost is \$ 55 and it includes beer and water. The sailing time is 7:00 a.m. Please see Chuck at our July 16th meeting to sign up for this trip, or call him at (201) 446-9047.

Trip Captain Chuck Santoro



SWABC Items for Sale

At our meeting, these items that are available and we will take orders from members on what you want to purchase. Also, if you have any new ideas for new fund risers for our club, including special fishing trips, Please let us know.

Large & Extra Large Tee Shirts - \$10 each 2
Extra Large & 3 Extra large Tee Shirts - \$15 each
(For an extra \$5.00 you can order club shirts with a large club logo on the back, and you can have your name, the even,type of fish you caught, size and date to this logo!)

SWABC Hats - \$10, SWABC Bait pail & lid - \$3,
Hand Towels with clip - \$3, Bumper Stickers \$1,
Window Stickers 50 cents.

SWABC Second Annual Fluke Tournament



Our Fluke Tournament Director, Mark Capalbo, reported at our June meeting that he has distributed flyers and posters to many tackle shops announcing out August 10th Fluke tournament that will be held at three ports: Clarks marina, Point Pleasant, Twin Lights Marina, Highlands and Fisherman's Den in Belmar. Please talk up this tournament with your fishing friends and have a chance to win all types of cash prizes up to \$6,000. More information about our tournament can be found at our website www.swabc.org. or cal Mark at (201) 313-6576.

Welcome Aboard

We have two new members that joined our club at our June meeting and they are:

Stuart M. Alpart – Fair Lawn, NJ

Alan Morganstein –Fair Lawn, NJ

Welcome aboard and enjoy fishing with us!

Fishing Report

John Toth also belongs to a fishing club in the community where he lives in Middlesex Township and this club (Regency Fishing Club) chartered the Old Salty II that sails out of Belmar. Our club member, Fred Villanova, also joined John on this trip. John, Fred and a member of the Regency club pooled their catch together and they ended up with a 38 quart cooler and a 5 gallon bucket filled with ling. John also won the pool to make it a very memorable day! A lot of eels were caught along with the ling and also some sea bass. What a day! Just about non-stop action! Our club may charter this boat in the future.

Fluke Piccata by John Toth

This is a very tasty way to make fluke during those hot summer days and when you don't want to have the oven on in your house to make your AC work harder. You can also use sea bass or ling with this recipe.

Ingredients:

- Fluke fillets (be sure to place the fish on and above with paper towels to remove as much water as possible).
- 3 large eggs
- 3 tablespoons of Parmesan cheese (regular Kraft grated is fine)
- 3 tablespoons of butter(divided)
- 5 tablespoons of olive oil (divided)
- 2 tablespoons of capers
- 4 tablespoons of fresh parsley, chopped
- Juice of 1 lemon
- ½ cup of dry white wine
- Good dash of lemon pepper seasoning (I did not use salt since the cheese and capers have it already – but salt to taste)

Directions:

1. Mix the eggs with parmesan cheese & 1 tablespoon of parsley
2. Dip the fish with the egg batter & set aside on a dish
3. In the frying pan over medium heat, add 4 tablespoons of olive oil & 2 tablespoons of butter to melt.
4. Add the fish & cook about 3 minutes or so until it is golden brown on each side.
5. Remove fish and transfer to a platter & keep warm (place paper towels over the fish & then place a dish towel over the paper towels to trap the heat).
6. In the same pan, add the wine, remaining olive oil, butter, parsley, capers, juice of the lemon, and lemon pepper seasoning.
7. Cook this mixture and stir for several minutes, (about 4 or 5 so to reduce it down so that it is not too watery. Then pour this sauce over the fish to serve.

This goes good with rice (Uncle Ben's 90 seconds Ready Rice – Pilaf) is a quick way to have rice ready in time and a salad or vegetable. The remaining white wine from the bottle you have used will make it taste even better! Enjoy

Recreational & Public News

Do You Want To Eat The Fish From The Pharaoh Days!

Every year, Egyptians mark the arrival of spring by eating a fish many believe has been passed down by the Pharaohs called Feseehk which in Arabic literally means "smelling the breeze." It is heavily salted and even the admirers of it acknowledge that it smells more like garbage than fish. It's an Egyptian tradition that has been around for 7,000 years and the Egyptians are used to it.

The process has changed little over the years. Mullet is caught in the Mediterranean and they are washed, **but left intact, guts and all!** They are then packed in salt in wooded barrels and left to **sit for 45 days!** After that, it is **good to eat for six months!** Two pounds goes for about \$13, a big sum for many Egyptians.

This fish has health issues. In 2007, 49 people were poisoned and 9 dead, 26 poisoned in 2008, with 4 dead, and more than a dozen and 2 dead in 2009 and 2010 due to improperly handling of fish with dirty hands and fingernails. Despite these problems, Egyptians will continue to eat this fish for time to come. Enjoy! (NY Times, May 7, 2013).

Club Membership Survey

Our general membership meetings are very busy with speakers, raffles, fishing reports, fish trip sign ups, reports on fishing management issues and all types of business to keep our meetings moving and informative. Consequently, we do not have the time to get membership input on what our members prefer for fish trips, speakers, tournament and other issues. In this newsletter, we have devoted a page for you to respond to a variety of questions that can help our club to be more responsive to the needs of our members. There are no wrong or right answers here, but just information our club can use to better move it in the direction that our members indicate. Please bring this completed survey to our July 16th meeting and give it to member Tom Tyls, or mail it to him at:

Tom Tyls, 5-27 4th Street, Fair lawn, NJ 07410

1. How many years have you been fishing?
2. How many years have you been a member of SWABC?
3. How many meetings do you attend each year?
4. What type of fishing do you do? Private boat, party boat, charter, pier, surf, Off Shore
5. What method of fishing you prefer? Jigging, Trolling, Plugging, Bait
6. How many party boat or charter trips did you go on last year?
7. How many **club** party boat or charter trips did you go on last year?
8. What general locations do you like to fish? ie Sandy Hook, Pt Pleasant, Montauk etc.
9. What states other than New Jersey do you fish in? How often?
10. What type of fishing and areas outside our region would you be interested in hearing about?
11. What species do you enjoy fishing for?
12. What fish do you don't care to fish for?
13. What type of fishing would you like to learn more about?
14. What type of club trips would you go on?
15. What type of Speakers do you prefer? Technique, Locations, Equipment , Boat Equipment, Biology, Ecology Other
16. What type of tournaments would you participate in?
17. Are you aware that Meltzers and Ramsey provide discounts to club members?
18. What type of raffle prizes would you prefer, many small or only one or two quality items?

Upcoming Fishing Trips 2013

Most of our club fishing trips scheduled are full, We hope added trips, but don't forget to sign up on an open trip. In addition to all of these trips, we are trying to organize a new contest for fluke for only club members to participate in with special prizes for catching big fluke. Contest rules are displayed in this newsletter, so **Get in the Game**

Fins on Feathers Club Members Fluke Special

July – August - Open boat days Tuesday & Thursday \$75 + tip per person,

6 Hrs. trip Bait & tackle – Advance booking required. Call Capt. Frank - 973-763-2876 or 973-722-0396

2013 Charter Schedule

Thursday - July 18th – Fluke Trip – Mi-Jo – Chuck Santoro – (201) 446-9047

Saturday - August 3rd - Fluke – Katie James – Jim Zimmer – (201) 666-5423

August 28th - Fluke Trip - MiMi VI - Tom Siciliano - (732) 267-6451

Saturday - August 31th - Fluke – Katie James – Jim Zimmer – (201) 666-5423

Saturday November 2nd – Striped bass on the MiJo – Andy Dixon (201) 843-8115

Tournament, Contests & Derbies

There are some very nice fish being caught don't forget to submit your Affidavit!

2013 Big fish of the Year Derby



Our 2013 fishing season is starting and below is the species and minimum weights for members to enter our club's Big Fish Contest. Whoever catches the biggest fish in one of these categories wins bragging rights for the biggest fish caught. Fish can be entered throughout the year and even for the same specie. For example, if you caught a blue fish in May, but bigger one in October, you could re-enter the bigger one caught in October to replace your smaller blue. See Tom Tyls at our meetings to receive affidavits to participate in this contest. Affidavits for this contest can be also found on our website www.swabc.org. Good fishing and good luck!

	SPECIES	MIN. WEIGHT	TOTAL WEIGHT	ANGLER
	BLACKFISH	5		
	BLUEFISH	12		
	COD FISH	10		
	FLOUNDER	1 1/2		
	FLUKE	4	5lbs.10oz	Jim Catanzaro
	LING	2		
	POLLOCK	10		
	PORGY	1 1/2		
	SEA BASS	2	3lbs 11.5oz	Tom Siciliano
	STRIPED BASS	12	41 lbs.	Chris Zeman
	WEAKFISH	2		

Sponsors

SWABC

THE Fisherman

2nd ANNUAL FLUKE TOURNAMENT

August 10, 2013



CLARKS LANDING

Fishermans Den

Support our Sponsors

On the back of our newsletters, we show sponsors who support our club and when you patronize them, please say that you are a member of our club. For example, Meltzers and the Ramsey Outdoors fishing stores sell tackle to us for our Dark Horse prizes at a discount and they even donated prizes for our Past President's Dinner. It is good for them and for our club to tell them when you buy gear that you are a member since they will know that we are supporting them. Always have your membership card available to possibly get a discount on your purchases. Our sponsors also include other businesses and boat captains, so please patronize these businesses who are sponsors our club.

<p style="text-align: center;">Paul L. Gabbianelli and Associates</p> <p style="text-align: center;"><i>Planning and Safeguarding Your Financial Future</i> Tax Preparation • Business Services • Financial Planning</p> <p>Tel: 201-291-5595 18 Overlook Avenue Fax: 201-291-5598 Rochelle Park, NJ 07662 www.paulgabbianelli.com</p>	<p style="text-align: center;"> San Del Insurance</p> <p style="text-align: center;">18 OVERLOOK AVE. ROCHELLE PARK, NJ 07662 201-909-0755 FAX: 201-909-0287 E-Mail: sandeline@aol.com</p> <p>CHARLES SANTORO</p>	<p style="text-align: center;"> RAMSEY OUTDOOR</p> <p>FAX (201) 261-2742 (201) 261-5000</p> <p>M-S 9:00 AM TO 9:30 PM 240 ROUTE 17 N. SUN CLOSED PARAMUS, N.J. 07652 www.ramseyoutdoor.com</p>
<p style="text-align: center;">ISLAND CURRENT FLEET CITY ISLAND, NEW YORK</p> <p style="text-align: center;"> Capt. Chris 917-417-7557 www.islandcurrent.com ISLAND CURRENT III (UP TO 110 PASSENGERS) 76' X 32' WIDE</p>	<p style="text-align: center;"><i>Katie James</i> Sport Fishing LLC</p> <p style="text-align: center;"></p> <p style="text-align: center;">U.S.C.G. Captain Art Lein Office: 201-358-1732 Boat: 201-696-7592 KatieJamesFish@aol.com</p>	<p style="text-align: center;">973-772-1333 Fax: 973-772-1708</p> <p style="text-align: center;"><i>Mountainside Inn</i> Parties For All Occasions</p> <p>Lou Barbato James Barbato John Rienstra</p> <p style="text-align: right;">509 Hazel Street Clifton, N.J. 07011</p>
<p>(973) 478-7647 EST. 1914 FAX (973) 478-6383</p> <p style="text-align: center;">S. MELTZER & SONS, INC. GUNS • FISHING TACKLE TEAM SPORTS • ATHLETIC FOOTWEAR WORKBOOTS & CLOTHING • ALL SPORTS •</p> <p>118-120 OUTWATER LANE GARFIELD, NJ 07026 WWW.MELTZERS.COM</p>	<p style="text-align: center;"> Capt. Frank Tenore Jr. FINS on FEATHERS CHARTERS Inc. <i>Six Man Charter and Open Boat Trips</i></p> <p style="text-align: center;">Leonardo State Marina Slip #37 116 Concord Ave. Leonardo, New Jersey 07037 Phone: (973) 763-2876 Cell: (973) 722-0396</p> <p style="text-align: center;"><i>On this boat fishing is not a job, it is a craft</i></p> <p style="text-align: center;">CaptFrankTenore@msn.com www.FinonFeathers.com</p>	<p style="text-align: center;">Robert W. Davis CFP®</p> <p style="text-align: center;">WEALTH <i>Preservation Solutions</i> Helping families accumulate and preserve wealth</p> <p style="text-align: right;">Wealth Preservation Solutions, LLC™ 257 E. Ridgewood Avenue, Suite 305 Ridgewood, NJ 07450 T 201.632.2040 F 201.445.1234 rwedavis@wpsolic.net www.wpsolic.net</p>
<p style="text-align: center;"> Reitano's Schraalenburgh Inn</p> <p>49 West Madison Avenue (201) 387-9758 Dumont, NJ 07628 Pat & Rick Reitano</p>	<p style="text-align: center;">REEL FUN <i>Sport Fishing LLC</i> Sandy Hook, NJ</p> <p style="text-align: center;"></p> <p style="text-align: center;">Striped Bass • Fluke • Weakfish • Bluefish • Sea Bass Blackfish • Albacore • Bonito</p>	<p style="text-align: center;"> CAPT. MIKE SCARDIGNO OFFICE: 732-872-0121 FAX: 732-872-7806</p> <p style="text-align: center;">75 Foot Charter Boat "Mi-Jo II" Up To 100 Passengers ALL TYPES OF FISHING Atlantic Highlands' Brand New Largest, Fastest & Finest Charter Boat With State-Of-The-Art Electronics and Experienced Crew</p>

Salt Water Anglers of Bergen County, New Jersey Sponsors

Membership Application for the Saltwater Anglers of Bergen County

Mail To: American Legion Hall Post # 170, 33 West Passaic Street, Rochelle Park, N.J. 07622
Please enclose a check or money order in the amount of \$30.00 for a one-year membership, into New Jersey's
#1 Salt Water Fishing Club.

Name _____

Address _____

Home/Business Ph #. _____

E-mail Address _____